

San Jose Swim & Racquet Club

It's time to get your game on!

Come to the drop-in clinics or schedule a clinic for your team. The drop-in drills are fast-paced and cardio-targeted, designed to work on strokes, strategy, and match play situations for individuals or teams.

By Appointment The Doubles Dance with Phil, Reno, Keith, or Liz: \$22/25/33 each
Learn the footwork and teamwork required to WIN at doubles! Bring your partner or come by yourself; learn to dance to victory. Handouts included.
Reservation required; this is not a drop-in. Minimum of two players, maximum of eight.

Monday 10-11:30 am Adult Drop-In Drills with Phil and Reno \$20/23/30 each
3.0-4.5 Men and Women – Will be featuring one of the five strokes in each clinic, then LOTS OF HITTING based on singles and doubles play and strategy. Be on your way to the 10,000 shot club.

Tuesday 6-7 pm 3.0-4.0 Drop-In Fun Clinic with Keith *FREE for members \$25 for Non-members
Men and Women players. This is the clinic where you meet people to play with! It's a FUN Clinic intended to mix everyone around and maximize play.

Wednesday 10-11 am 2.5-4.0 Drop-In Clinic with Phil and Reno *FREE for members \$25 for Non-members
Men and Women league players. Focus is on the basics of the game including movement training, strokes, and strategy for singles and doubles match play.

Wednesday 6-7 pm Adult Beginner to 2.5 Drop-In Clinic with Phil/Reno *FREE for members \$25 for Non-members
Beginner to 2.5 Men and Women. Focus is on the basics of the game including rules, movement, strokes, and strategy for singles and doubles match play.

Friday 10-11:30 am Adult Drop-In Drills with Phil and Reno \$20/23/30 each
3.0-4.5 Men and Women – Will be featuring one of the five strokes in each clinic, then LOTS OF HITTING based on singles and doubles play and strategy. Be on your way to the 10,000 shot club.

Saturday 10-11:30 am High Energy Drop-In Drills with Phil and Reno \$20/23/30 each
The ultimate clinic for tennis work out and fun. Exciting and competitive drills, strategy, and games for 3.0 to 5.0 skill levels. Great way to meet all the players at the club.

Sunday 10:30-11:30 am Beginner to 2.5 Drop-In Clinic with Reno *FREE for members \$25 for Non-members
Adult Beginner to 2.5 Men and Women. Focus is on the basics of the game including rules, movement, strokes and strategy for singles and doubles match play.

Sunday 11:30-12:30 pm "Get in the Game!" Drop-In with Reno \$15/17/25
Players returning to the game, 2.5 to 3.5 players or those who just want a workout. Focus on the basics, meet new players and get a great cardio workout with Reno.

For questions or to schedule private lessons, contact Reno, Phil, or Leslie at the club or email at reno@sjsrc.com, phil@sjsrc.com, or leslie@sjsrc.com.

**Custom Clinics, Private, and Semi-private Lessons are available.
For more info, email tennis@sjsrc.com.**