

<u>SJSRC Junior Clinics</u> Summer June-July Schedule

Weeks June 10, 17, 24, July 15, 22, 29

Effective June 2, 2024

Enrollment is made online. <u>"REGISTRATION"</u> <mark>4-year-olds must have coaches' approval</mark>

Monday and Wednesday

 Jr. Red Starters
 4:00-4:40pm

 Jr. Red-1
 4:00-5:00pm

 Jr. Red-Orange 2
 4:00-5:00pm

 Jr. Orange & Green
 5:00-6:00pm

Tuesday and Thursday

Jr. Yellow 4:00-6:00pm HP-Yellow ** (NEW) 4:00-6:00pm ** Invite Only - Contact Customer Support

<u>Saturday</u>

Jr. Red Starters	11:00-11:40am
Jr. Red - 1	11:00-12:00pm
Jr. Red-Orange 2	11:00-12:00pm
Jr. Orange & Green	12:00-1:00pm
Jr. Yellow **	2:00-4:00pm
HP-Yellow ** (NEW)	4:00-6:00pm
** Invite Only - Contact	Customer Support

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****** Clinic concentrates 1-hour on skill development,

1-hour of match practice.

Parent information

All clinics are by enrollment only, <u>no drop-ins</u>. We have a minimum of 4 players per clinic. Prices are for tennis members or non-members. If absent, 24hr notification is required.

No refunds after the session starts or for no shows. If you miss a class, contact: Customer Support: Phone: 669-322-8667 sjbenchmarktennis@gmail.com

Coach David (david@sjsrc.com)

Junior Programs

Prices in Red-bold are session rates, based on your commitment for the session. For enrollment click here <u>"REGISTRATION"</u>

No refunds after the session starts or for no shows. If you miss a class, contact: Customer Support: <u>sjbenchmarktennis@gmail.com</u> or call Phone:669-322-8667 to schedule a make-up day.

Junior Tennis Class Information

Summer Sessions are for 3 weeks

Junior Red Starters – Ages 4-7

For the entry level Jr.— classes are **40 minutes**. Players learn to rally and play on 36-foot court with Red balls. **4-year-olds must have coaches' approval & be able to behave.** Session Rate: TM: **\$69** NM: **\$99**

Junior Red-1 – Ages 6-9

Junior Red-Orange-2 - Ages 8-11

For players with some tennis experience classes are. **60 minute**. Focus is on the basic skills, strategy of the game. Play for Red is primarily on 36-foot courts. Red-Orange-2 uses mainly Orange balls for advance development in order for preparation and testing for next level up.

Session Rate: TM: \$84 NM: \$114

Junior Orange, Green, and Yellow

Ages 8-14 Orange, Ages 10 Up Green, Both 60 mins Ages 12 & up Yellow 120 mins.

For players who are intermediates to advanced getting ready for high school JV, Varsity, and tournaments. Play is with Orange, Green and Yellow balls & focuses on tactics and strategies, combined with technical stroke development and match play. Move up preparation and

testing are included for different levels.

Yellow Ball is advanced level, preparation for high school tennis and beyond.

 60 mins Session Rate:
 TM: \$84
 NM: \$114

 120 mins Session Rate:
 TM: \$168
 NM: \$228

HP-Yellow will focus on Player's ability use their Strengths, Shot Selection, Movement,

Conditioning, and Match Play Strategy & Tactics

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